

DINNER ENTRÉES

All entrées are served with your choice of two side dishes. Premium side dishes available for an upcharge.

FETTUCCINE ALFREDO

Hearty grilled chicken breast or shrimp served over fettuccine pasta & tossed with broccoli and creamy Alfredo.  
Chicken \$15.99                      Shrimp \$17.99

PASTA AND MEATBALLS

Your choice of spaghetti, penne, angel hair or fettuccine pasta all tossed in our hearty homemade red sauce.  
Served with tender meatballs.  
\$10.99

Substitute Alfredo sauce for \$1.99

CHICKEN FRANCAISE

Sautéed chicken breast in an egg batter infused with garlic and finished in a white wine lemon butter sauce.  
\$15.99

CHICKEN PARMESAN

Chicken breast crusted in our herb breading and deep-fried to perfection and served over spaghetti or penne pasta, blended together with our homemade tomato sauce and topped with melted provolone cheese.  
\$15.99

SIDE DISHES

|                 |                |                           |
|-----------------|----------------|---------------------------|
| Cup of Soup     | Rice Pilaf     | Pasta                     |
| Tossed Salad    | Hot Chips      | Vegetable of the Day      |
| Fresh-Cut Fries | Cole Slaw (GF) | Baked Potato (after 3 pm) |

PREMIUM SIDE DISHES

Caesar Salad - \$2.00  
Sweet Potato Fries - \$2.00  
Macaroni & Cheese - \$2.00  
Beer Battered Onion Rings - \$3.25

DESSERTS

|                                              |                                   |
|----------------------------------------------|-----------------------------------|
| - Flourless Chocolate Torte (GF) -<br>\$4.99 | - Tiramisu -<br>\$5.99            |
| - Pumpkin Swirl Cheesecake -<br>\$4.99       | - Key Lime Pie -<br>\$5.99        |
| - Ice Cream -<br>\$1.99                      | - Warm Brownie Sundae -<br>\$4.99 |

Make any dessert ala mode for \$1.00

\*(GF) = Gluten Free

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KENNSINGTON WEEKLY SPECIALS

MONDAY: WING NIGHT

Our hearty K-Wings tossed in your choice of our mouthwatering sauces or dry-rub seasoning.  
Half off wings!

FLATBREAD THURSDAY

Enjoy one of your favorite Kennsington flatbreads, like the Margherita or the BBQ Chicken.  
\$8.99

THREE COURSE TUESDAY

Your choice of an appetizer, two entrées and a dessert from our limited menu that's perfect for date night!  
\$29.99

FRESH FISH FRIDAY

Atlantic cod dinner broiled, blackened or fried with a choice of Haluski or French fries and a side of cole slaw.  
\$10.99

WEDNESDAY: BURGER NIGHT

One of our signature Kennsington gourmet burgers served with a side of bottomless French fries.  
\$10.99 (additions extra)

SATURDAY: PRIME RIB NIGHT

Slow-roasted Prime Rib with your choice of rice pilaf, baked potato or vegetable. Served with a side salad.  
Queen Cut \$19.99 – King Cut \$21.99

COMFORT FOOD SUNDAY

Our homemade meatloaf dinner, just like grandma used to make. Served with your choice of two sides.  
\$9.99

SEASONAL SPECIALS

PULLED PORK POTATO SKINS

Delicious oversized potato skins with pulled pork, cheddar blend, red onion and barbeque sauce.  
\$9.99

GREAT BALLS OF FIRE

Baked meatballs topped with mozzarella and hot peppers in our homemade tomato sauce. Served with baked pita bread.  
\$8.99

AUTUMN SALAD

Sliced pears, sliced almonds, golden raisins, bleu cheese crumbles and red onion on a fresh bed of mixed spring greens.  
Served with our homemade balsamic vinaigrette.  
\$11.99

PECAN CRUSTED COD

Pecan crusted cod over a bed of rice pilaf. Served with soup or salad.  
\$14.99

KENNSINGTON SMOTHERED CHICKEN

Marinated chicken breast, topped with sautéed mushrooms, red onion, bacon and provolone cheese baked to perfection.  
Served with your choice of side and salad.  
\$15.99



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APPETIZERS

|                                                                                                                                                                                                                                   |                                                                                                                                                                |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>SAUTÉED ITALIAN GREENS</b><br>Fresh escarole sautéed in olive oil, infused with fresh garlic & served with a slice of grilled baguette.<br><b>\$8.99</b><br><i>Add Hungarian hot banana peppers. \$1.00</i>                    | <b>BUFFALO CHICKEN DIP</b><br>A creamy blend of three cheeses, folded together with tangy buffalo chicken and a side of fried tortilla chips.<br><b>\$7.99</b> |
| <b>BREADED ZUCCHINI</b><br>Breaded zucchini slices fried golden brown and served with our signature homemade red sauce.<br><b>\$6.99</b>                                                                                          | <b>SPINACH ARTICHOKE DIP &amp; CHIPS</b><br>Our homemade spinach artichoke dip served with a side of freshly fried tortilla chips.<br><b>\$6.99</b>            |
| <b>HUNGARIAN STUFFED PEPPERS</b><br>Hungarian hot banana peppers stuffed with Italian sausage & baked with our homemade red sauce and topped with melted provolone cheese.<br><b>\$7.99</b>                                       | <b>EDAMAME (GF)</b><br>Asian style soy beans steamed just right and tossed in sea salt.<br><b>\$4.99</b>                                                       |
| <b>HOT CHIPS</b><br>Fresh-cut potato chips served up with our homemade French onion dip that is sure to hit the spot.<br><b>\$5.99</b>                                                                                            | <b>PRETZEL RODS</b><br>Bavarian pretzel sticks fried to perfection. Served with our homemade cheese sauce for dipping.<br><b>\$5.99</b>                        |
| <b>KENNSINGTON SAMPLER</b><br>A plate loaded with our favorite apps ... golden chicken tender strips, creamy artichoke dip & tortilla chips, breaded zucchini slices and our crunchy beer battered onion rings.<br><b>\$11.99</b> |                                                                                                                                                                |

K-WINGS

Juicy golden fried wings tossed in one of our signature sauces or dry-rub seasonings that’s sure to please.  
½ dozen wings **\$6.99**  
Dozen wings **\$13.99**

Sauces: Kansas City BBQ – Mild – Hot – Ranch – Spicy BBQ – Honey Mustard – Garlic Parmesan  
Dry-Rubbed: Cajun ~ Ranch ~ Salt & Pepper

*Also available in boneless.*

FLATBREADS

***All Flatbreads only \$9.99!***  
*\*\*Gluten-free flatbread option available\*\**

|                                                                                                                                             |                                                                                                                                      |
|---------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|
| <b>VEGGIE</b><br>Broccoli, red & green bell peppers, red onion, portobello mushrooms, oregano, Italian greens and melted mozzarella cheese. | <b>CHICKEN &amp; GREENS</b><br>Fresh Italian greens, hearty grilled chicken and finished with a blend of asiago and parmesan cheese. |
| <b>MARGHERITA</b><br>Hand-sliced tomatoes, fresh basil, garlic, salt & pepper and melted mozzarella cheese.                                 | <b>BBQ CHICKEN</b><br>Grilled chicken, BBQ sauce, red onion, Applewood smoked bacon bits and melted cheddar cheese.                  |

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SALADS

|                                                                                                                                                                                                                                        |                                                                                                                                                                                                           |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>GRILLED CHICKEN SALAD</b><br>Grilled chicken breast on top of fresh mixed greens, grape tomatoes, cucumber slices, shredded cheddar cheese, French fries and your choice of dressing.<br><b>\$11.99</b>                             | <b>BEET SALAD</b><br>Mixed greens tossed with candied walnuts, dried cranberries, crumbled feta cheese and beets. Served with raspberry vinaigrette.<br><b>\$10.99</b>                                    |
| <b>WESTFORD SALAD (GF)</b><br>Fresh mixed greens topped with chopped walnuts, crumbled bleu cheese, slices of green apples and served with a wonderful raspberry vinaigrette.<br><b>\$9.99</b>                                         | <b>TACO SALAD</b><br>Seasoned ground chuck, cheddar cheese, sour cream & salsa served on a bed of mixed greens, thinly sliced red onion and grape tomatoes. Served with corn tortillas.<br><b>\$10.99</b> |
| <b>COBB SALAD</b><br>Fresh romaine lettuce topped with sliced grilled chicken breast, avocado, crumbled crisp Applewood smoked bacon, grape tomatoes, diced hard boiled egg and served with your choice of dressing.<br><b>\$11.99</b> | <b>WEDGE SALAD</b><br>An iceberg lettuce wedge topped with bleu cheese dressing, walnuts, crispy Applewood smoked bacon and bleu cheese crumbles.<br><b>\$8.99</b>                                        |

DRESSINGS

Roasted Garlic Honey Ranch (*House*) – Buttermilk Ranch – Italian – French – Raspberry Vinaigrette – Caesar  
Thousand Island – Bleu Cheese – White Balsamic – Balsamic Vinaigrette – Honey Mustard

PROTEIN ADDITIONS:

|                                               |                          |                                 |                                  |
|-----------------------------------------------|--------------------------|---------------------------------|----------------------------------|
| Halpern’s Angus Beef<br>Sirloin <b>\$8.00</b> | Salmon<br><b>\$10.00</b> | Grilled Shrimp<br><b>\$6.00</b> | Grilled Chicken<br><b>\$4.00</b> |
|-----------------------------------------------|--------------------------|---------------------------------|----------------------------------|

SOUP OF THE DAY

Homemade Chili & Soup Du Jour  
*Ask your server for today’s selection.*  
Cup **\$2.99**    Bowl **\$4.49**

KENNSINGTON BURGER

Delicious ground chuck beef grilled to your preference and served on a toasted brioche or pretzel bun. Lettuce, tomato and onion upon request. Served with fresh hand-cut French fries (*or hot chips for \$1.00 upcharge*).  
**\$9.99**

Additional Toppings:

American – Asiago – Cheddar – Pepper Jack – Provolone – Swiss  
Avocado – Bacon – Corned Beef – Ham – Sautéed Mushrooms – Sauerkraut – Salami  
***\$.69 each***

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SANDWICHES

*All sandwiches are served with fresh-cut fries OR substitute fresh-cut hot chips for a \$1.00 upcharge.*

|                                                                                                                                                                                    |                                                                                                                                                                                                                                      |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>BLT</b><br>Applewood smoked bacon with fresh tomato and crisp lettuce served on toasted sourdough.<br><b>\$9.99</b>                                                             | <b>CLASSIC CLUB SANDWICH</b><br>Three pieces of sourdough bread layered with turkey and ham then topped off with crisp Applewood smoked bacon, lettuce, tomato and American cheese.<br><b>\$9.99</b>                                 |
| <b>THE RACHEL</b><br>Roasted deli turkey served on grilled rye with creamy cranberry coleslaw & melted Swiss cheese. Thousand Island dressing served on the side.<br><b>\$9.99</b> | <b>PHILLY CHEESE STEAK</b><br><i>Substitute Chicken for no upcharge</i><br>Halpern’s Angus Beef* grilled and topped with grilled peppers and onions and melted white cheddar cheese. Served on a toasted baguette.<br><b>\$10.99</b> |
| <b>ITALIAN PANINI</b><br>Salami, pepperoni, ham and melted provolone layered between lettuce, tomato, onion and Italian dressing on a grilled baguette.<br><b>\$10.99</b>          | <b>CLASSIC REUBEN</b><br><i>Halpern’s Angus Beef*</i> corned beef brisket sliced thin and served on grilled rye adorned with sauerkraut, melted Swiss cheese and served with a side of Thousand Island dressing.<br><b>\$9.99</b>    |
| <b>MARINATED CHICKEN SANDWICH</b><br>Herb-marinated grilled chicken breast on a toasted brioche bun. Lettuce and tomato upon request.<br><b>\$9.99</b>                             |                                                                                                                                                                                                                                      |

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|                                                                                                                                                             |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>NY STRIP STEAK</b><br>12 oz. Halpern’s Angus Beef Strip Steak grilled to your liking.<br><b>\$24.99</b>                                                  |
| <b>FRENCH-CUT PORK CHOP</b><br>Braised pork chop marinated in brown sugar topped with sliced apples, candied cranberries in a chardonnay.<br><b>\$19.99</b> |
| <b>STUFFED SHRIMP</b><br>Four jumbo shrimp butterflied and stuffed with crabmeat stuffing.<br><b>\$18.99</b>                                                |
| <b>NORWEGIAN SALMON</b><br>North Atlantic salmon filet prepared grilled or blackened. Served on a bed of Italian greens.<br><b>\$19.99</b>                  |
| <b>FRESH ATLANTIC COD</b><br>Atlantic cod filet cooked to your liking, broiled, baked, blackened or fried.<br><b>\$14.99</b>                                |

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